ACCOUNT OFTHE

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TIL BURY Water.

CONTAINING, A

NARRATIVE

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DISCOVERY of the Medicinal Qualities of this Spring, Experiments on the Water, Observations on the Experiments, the Vertues of the Water interspers'd with various Cases, the Manner of Drinking it; and lastly, several remarkable Cures.

Aquæ lene Caput Sacræ

Avertit morbos metuenda pericula pellit. .Ho R.

The Second Edition with Additions.

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· Hans Sloane, Bart.

Medicus Regius,

ТО

fident of the ROYAL SOCIETY, SC.

IR,

HE first Pamphlet I wrote on this Mineral Water I took the Liberty of cating to You, who have fo eminently guish'd Yourself in the Science of Na-Philosophy; requesting at the same Your Protection to what I should pubn a future Treatife.

Now have the Satisfaction, SIR, of unting you, that I have feen the Facts ofore afferted confirmed by repeated A 2 Expe-

DEDICATION.

Experience, which I hope will be an inducement for You to grant this my Secon Performance a favourable Reception, and t give the Water fuch Sanction as is most for the Benefit of Mankind.

Broad-Areet, Decemb. 15,

1739.

I am, Sir,

Your most bumble, and

most obedient Servant,

John Andre

T H E

(i)

PREFACE.

THE Tilbury Mineral Water, which on account of the Nature of its Ingredients had the Epithet of Alterative given it, having performed many confiderable Cures, I wrote fome time fince a Pamphlet to acquaint the Publick with its Vertues, and the Quality and Quantity of its Contents.

Since that Time the Demand for it has been very confiderable all over this Kingdom, so that it has been even sent for to Tunbridge, Bath and Briftol; and also great Quantities have been exported to Holland, France, Spain, Portugal, East and West Indies, and other Parts; it having been found useful for many Complaints, and as true a Specifick for Diarrhæa's, and all kind of Fluxes, as the Bark is for intermittent Fevers.

And as my first Treatise has been out of Print a good while, to comply with the repeated Applications that have been made to me for another Edition, I here publish the Second, upon the Plan of the First, with several new Experiments, Additions and Amendments, concerning the Vertues of the Water and the Method of using it; as also an Account of divers Cures performed since the Publication of the first Pamphlet.

The analytical Inquiry which I have made concerning the Water, I flatter my self, is done with that Such Exactness and Care, that the Experiments will answer in every particular, if they are try'd again: And the Inferences drawn from them to demonstrate the Quantity and Quality of the Ingredients, I hope, will be found consonant with Reason, and appear satisfactory as far as the Nature of the Thing will admit of.

The Reader may also be assured, that the Cases mentioned in this Treatise are related faithfully, most of them having happened under my Inspetion: and that I have not added any thing of my own, to inhance the Merit of the Water, which will be confirm'd by Experience whenever it is used in parallel Circumstances.

I have left out here some Passages of speculative Literature, and only aim'd at an honest and plain Narration of Matter of Fast, being perswaded that Truth makes the best, tho' perhaps not the most elegant, Appearance, when least adorned by Art.

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ACCOUNT

OFTHE

Tilbury Water.

HE Mineral Waters used medicinally are commonly ranged under three Claffes; the Sulphureous, the Chalybeate, and the Purgative; which may be diflinguish'd again different ways, according to the various combinations of their Ingredients. But as the chief Defign of this Treatife is to inform the Publick of the Vertues and Manner of Using only one particular Water, I shall not enter into a nice Examination of this Matter, but give such a general Account of the aforesaid three Sorts of Mineral Springs only, as may be sufficient to shew the fingular Nature of the Tilbury Water.

The Sulphureous, which are commonly hot Springs, contain according to the Opinion of most Naturalists, a Solution of the Pyrites, which is composed of fulphureous, chalybeat, and stony Particles. The latter make up the chief part of the Ingredients, as may easily be proved by evaporating fome of the Water to a dryness, and examining the residue thereof; and which is plainly seen at *Batb*, where at the clearing of the Spring-Head in the King's Bath, which is cover-

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ed by an inverted Ciftern, to prevent the Spring being choak'd up, are found abundance of Walnut and fmall Nut-fhells, probably convey'd thither by the fubterraneous Ducts of the Spring, covered with a Cruft of a pale afh-colour ftony Subftance. The fulphureous and chalybeat Ingredients bear but a very fmall Proportion to the other, as you may read at large in *Guidot*'s Treatife on the *Bath* Waters.

In the Chalybeat or Steel Waters, we discover ferruginous Particles combined with a neutral Salt, composed of Nitre, and a small proportion of common Salt. However sometimes the common Salt predominates, and it must not be denied but that also vitriolick and alumnious Salts are fometimes mixt with these: From which mixture of the Salts and the Iron in various Proportions, arifes that confiderable difference we find between the Spa, the Pyrmont, the Tunbridge, the Islington, the Hampstead, and other Chalybeat Springs, which yet all belong to the fame Tribe. The Scarborough Water is also of this Order, but differs in this from the beforementioned, that it contains with the ferruginous Particles, fuch a Quantity of Salts as to render it purgative.

The third Sort are the purging Waters, of which fome are found in almost every County in England. Several Authors have improperly call'd them Aquæ Alumniosæ, Alum Waters, because, the chief of their Contents are common Salt and Nitre, tho' it must not be deny'd that vitriolick and aluminous Salts may sometimes be mixt with them: The Epson, Dulwich, A-Elon, Northall, and many other famous Medicinal Waters are of this Kind.

There

There are alfo Waters which may be propery call'd Aluminous or Vitriolick, from the Prelominancy of their Ingredients, but as they are but little made use of in the medicinal Way, hey hardly deferve any particular Notice.

The *Tilbury* Water contains a confiderable Quantity of a fine *Bole Armoniac* like Earth, and a Salt, which according to the ingenious Mr. *White*, late Chymift at *Apothecary's Hall*, comes heareft of any thing to a Salt, he formerly got rom diftill'd Crabs-Claws and Oyfter-Shells, both noted alcaline Bodies. And for this reaton it is not to be number'd among the foregoing Claffes, but is a Water as fingular in its Composition, as it is peculiar in Vertue. The Experiments made upon it will fet this matter in a clear Light : But before I proceed to them, beg leave to give the Reader a thort Account f the Well, and of the gradual Difcovery of the alutary Effects of the Water.

The Spring from whence the Tilbury Water omes, is situated near a Farm-House at West ilbury in Essex, on the Top of a Hill, which elevated about One Hundred Feet above the larshy Grounds, and is two Miles distance om the River of Thames. Mr. Kellaway, deeas'd, the Proprietor, of that Estate, sunk the Vell in the Year 1724, for the Use of the arm, but it was not known for any Medicinal ertue till three Years after. Mr. Kellaway being nen at his Farm, much troubled with the Gout nd a violent Cold, ordered fome of the Water be boiled to drink with Wine, and pereiving it look'd white, and that it became clear gain upon mixing fome White-Wine with it, B he

he apprehended it was not wholfome to drink However the Family telling him, that they had conftantly made use of it on all Occasions with out any hurt, and that it always boil'd white he drank of it during the time he then stay'd there, and found himself chearful, and much re lieved of his Gout and Cold. As he was great Lover of Milk, he commonly eat form when he was at his Farm, tho' it feldom failed of giving him some loose Stools: But one Morn ing after he had taken a Glass of the Water he took fome Milk, and found it did not purg him as usual, which Experiment he made many times after with the like Success.

No farther Notice was taken of the Well till in the Year 1731, Mr. *Kellaway* about tha time labouring under a Loofenefs for about fifteen or fixteen Days, which had reduc'd hin to a very low State, and being oblig'd to go down to *Tilbury*, to look after his Farm, h drank fome of the Water with Wine at Night the Morning following he perceiv'd that his Loofenefs was gone, and his Appetite pretty well reftor'd, which for many Days before has intirely failed him.

This fudden Amendment made fo ftrong an Imprefition upon his Mind, that he ordered the Perfon who look'd after his Farm, if he found any of the Servants, Day-Labourers or others afflicted with a Loofenefs, to recommend to them the Drinking of that Water; which be ing done accordingly, they found that it gene nerally anfwer'd the Expectation of those who made use of it.

After this another Experiment was acciden tally hit upon, confirming the Water's Effica cy in curing Diarrhæa's, which put this Mat te ter beyond all Doubt, as it came from the Brute Creation, who have not Craft enough to impose on our Senses by dissembling. The Case was thus:

Mr. Kellaway bred a great Number of Calves at his Farm, to ftop the Loofenefs which they are fubject to, and often proves mortal, the Keepers ufually made them drink a Decoction of Oak-bark and Water : But as they knew that the Water had cured Loofeneffes, they gave it to the Calves, and found that it made them well; and obferv'd farther, that not near fo many of them dy'd whilft they drunk that Water, as when the Oak-bark-drink had been given them.

A Cure which was about that time performed upon a Neighbour's Child about Five Years Old, who had been, as I was inform'd, near three Years afflicted with an Ague, a swell'd Belly and a Loofeness, added confiderably to establish the Reputation of the Well. The Boy having a constant Thirst upon him, took accidentally to drink of this Water, finding it perhaps more palatable than any other thereabouts; and by degrees he loft his Ague and Loofenefs, and partly his big-belly, and continu'd hail and ftrong after. Mr. Kellaway also observ'd, that his Asthma was reliev'd fo far, that the last two Winters (before he died) he was not obliged to lie out of Town, as he had been for five Winters before, on account of his difficulty of breathing in London, which he attributed to the conftant drinking of the Water.

Thus the *Tilbury* Water made its Way by flow and obfcure Steps, for want of proper affiftance to usher it methodically into the World. B 2 For For as Mr. Kellaway was not converfant in analyfing Mineral Waters, and forming a proper Judgment from thence of their Vertues himfelf, or had not the Opportunity of making Experiments upon Sick Perfons, he apply'd to fome of the Faculty; but being coldly told, that there were more Mineral Waters already in Ufe than are neceffary, he declined making any farther Attempts that Way, his Bufinefs ingaging his Attention to other Affairs, and contented himfelf with diffributing the Water gratis among his Acquaintance in Town, as alfo to the People at and about Tilbury, who began to drink it for various Complaints.

In the Year 1736 the Water began to be talk'd of pretty much, on account of its extraordinary Vertues, which induced me to make some Inquiry about it : And after Mr. Kellaway had given me the foregoing Hiftorical Account, and Mr. Deputy P-- having affured me that his Spoufe had been cured by it of an obstinate Diarrhæa, after all the Advice she had taken had prov'd ineffectual, and that fome of his Acquaintance had also experienc'd the fame good Effect, I undertook to examine the Water by various Experiments. Mr. White, before mentioned, at the Request of fome Gentlemen of the Royal Society, did the fame, and upon comparing Notes, we agreed in the following Particulars, viz.

EXPERIMENTS on the TILBURY WATER.

Experiment I.

The *Tilbury* Water is heavier than the *Thames* or common Spring Water.

It

II.

It lathers very indifferently when unboil'd, much better when boil'd; better than Spring Water, yet not fo well as River Water.

III.

When boil'd it turns milky; a fourth Part of Mountain Wine fines it immediately; a very fmall Proportion of Vinegar does the fame; alfo Juice of Lemons, and other Acids, fooner, according to their Strength.

IV.

Oil of Tartar per deliquium pour'd into the Water when boil'd, makes a white precipitate; a little Oil of Vitriol, Spirit of Salt, or any ftrong Acid, makes it clear again as the Water was before. Salt of Wormwood does the fame.

Spirit of Sal Armoniac, of Harts-Horn, or Sal Volatile Oleofum, pour'd into the Water when cold, give a white precipitate; the before-mentioned Acids make them all clear again.

VI.

The Water, when cold, turns Syrup of Violets green in about a Quarter of an Hour; when warm'd, in a lefs time; when boil'd and hot, in about one Minute.

VII.

The Water being boil'd, and put into a Glafs, there will fubfide to the bottom, in a Night's time, a whitish Substance of a Saline Taste, which turns Syrup of Violets green as soon as the boil'd Water.

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VIII.

The Water being boil'd with an equal Quantity of Milk, doth not curdle.

IX.

The Water does not tinge with Galls any more than common Water.

EXPERIMENTS on the SALT.

I.

Two Pounds of *Tilbury* Water being put into a Retort, and diftill'd to a drinefs, there was left behind fixty Grains of Substance, of the Colour of Jesuits Bark, of a pungent Taste: After the Water was half diftill'd, it appear'd in the Retort as if fome Drops of Oil were floating on the Surface.

What was left in the Retort was two Parts Salt, the third an infipid Earth the Colour of yellow Ocre; the Salt much paler than before it was feparated.

II.

III.

The Salt being put on a red-hot Iron, caus'd a very fmall hiffing; what was left on the Iron was of an Ash-colour, tasting as hot and fiery as Salt of Tartar, or fix'd Nitre.

IV.

Spirit of Vitriol, Spirit of Salt, Aqua Fortis, distill'd Vinegar and other Acids, pour'd on the Salt, cause an Ebullition.

Oil of Tartar per deliquium, and other Alkalis being put to the Salt, caufe no Ebullition.

VI.

The Salt turns Syrup of Violets green prefently.

VII.

The Salt put to Sal Armoniack, finely powder'd, opens the Body of it in a fmall Degree, fo as to difcern it has a little volatile Smell.

VIII.

A ftrong Solution of the Salt in Spring-Water, immediately precipitates Sacharum Saturni of a pale yellowish Colour.

IX.

Neither the Salt, nor the Water, precipitate a Solution of Sublimate.

Whilft I was about this Second Edition, I made the following Obfervations for the better Difcovery of the Nature of the Ingredients of this Water, viz. To the IXth and laft Experiment on the Salt I add *Experiment* X. That it is true, neither the Water nor Salt precipitate a Solution of Sublimate prefently; however the refidue from the *Tilbury* Water turns the milkwhite Solution of Sublimate into a muddy pale yellow, which by degrees fubfides and leaves the liquor clear, and a white precipitate at bottom, almost like the Solution of Lime-water which *Tournefort* gives an account of in the Preface to his History of Plants, p. m. xiii.

Exper. XI. (which fhou'd have been added to *Exper.* IV.) I poured Spirit of Nitre upon fome of the Refidue, it fermented ftrongly and turned to a deep Orange-colour.

Exper.

Exper. XII. To a Solution of Silver in Spirit of Nitre I put fome *Tilbury* Water boil'd, which turn'd it of a Colour as white as Milk, and prefently white curdy flakes fubfided — into fome of that Solution I poured common Spring-water, it turn'd white, but not of fo ftrong a milky Colour as the other, and remain'd without any fubfidence a confiderable while.

Exper. XIII. I diffolv'd two Leafs of beat Silver in about 3jfs. of Spir. Nitr. then lower'd it with about 3jfs. of common Water, and put to it about two grains of the Refidue which fermented, and changed the Solution from a yellowish caft into a milk-white Colour, and curdled in five Minutes time, and by degrees fubfided and left the Liquor clear like Water, with a white precipitate at bottom.

Exper. XIV. I took Spirit of Nitre and lower'd it with 'common Water, till scarce any acidity was perceivable; then I put in some of the Refidue, and it inftantly fermented. - I put in fome Chalk, it fermented alfo, but very flowly, not fo quick and brisk as the Refidue. - Then I lower'd the Liquor again, till Chalk did not ferment visibly any more, but the Refidue did. ---Afterwards I put in some common Salt, it did not ferment, - and then fome Nitre which alfo did not ferment - then I mixt Chalk and common Salt, which fermented violently, but did not bubble up and spread like the Refidue. - And lastly I try'd a mixture of Chalk, Salt, and Nitre, equal Parts, which made an appearance just like the Refidue.

Exper. XV. I made a strong infusion of Galls till

till it came of a brownish yellow Colour, then put in some of the Residue, upon which the Infusion became of a pale yellow, and dropt a white Sediment in about a quarter of an hour.

Exper. XVI. I diffolved fome Roman Vitriol in common Water, then put in fome of the Refidue, the Solution did not grow muddy, as Salt of Wormwood made it, but became of a paler blue, and gradually dropt a whitifh Sediment.

Exper. XVII. I took fome of the Spirit of Nitre lower'd to a very finall degree of Acidity, and touch'd coarfe hlue Paper with it, which immediately turn'd of a brick red Colour, and afterwards grew yellow. This Paper I wetted with fome of the Refidue and *Tilbury* Water, but it underwent hardly any Change, except that it look'd of a little darker blue. I afterwards tried a Solution of common Salt, then a Solution of Nitre, and laftly a Solution of Salt and Nitre, but there was no visible difference; if any thing, the *Tilbury* Water and Refidue made the Colour a little darker.

Exper. XVIII. to *Exper.* VI. I fubjoin, for the better Difcovery of the Nature of the Salt, that I mixt powder of Nitre and warm Water with Syrup of Violets, which remain'd of a blue Colour. — I made fome Nitre almost red hot and try'd again, but no alteration enfu'd. — Then I try'd common Salt, which produc'd a purplish Colour, and faint appearance of green — and being made very hot, it made a very good green, tho' not fo strong nor fo foon as the following, viz. I took common Salt and Nitre, heated almost to Calcination, they turn'd the Syrup prefently C into into a fine green, almost like the Residue of *Til*bury Water : Before they were thus heated it was fome time before the Syrup of Violets turned a little greenish only.

Exper. XIX. I took fome of the Salt and diffolved it in Water, then put a drop on a Glafs and evaporated the humidity from it, and thro' the Microfcope there appeared irregular cubical Figures, intermixt with prifmatical but not quite fpear-like Bodies.

Exper. XX. I put fome of the Refidue in Infusion with Spirits of Wine, which turn'd a little towards a Straw Colour.

Exper. XXI. I had two Bottles of Tilbury Water given me, which a Perfon who had taken a Parcel of them to East India, had brought back again. The Water was very clear, and rather had lost a little of its natural Strawish-colour'd hue; the Tafte feem'd to be as usual, and it boiled white, and fined down with white Wine and Acids like that taken fresh from the Spring. One of the Bottles I had evaporated, and from thirty Ounces of Water I got twelve grains of Residue, answerable in Colour, Taste, and in all Experiments to that separated from some of the new-drawn Water. This Proportion of the Refidue falls far short of what is mentioned in Exper. I. on the Salt, and must be accounted for thus; That there was not quite fo much Water; That fome of the Refidue in that long Voyage might subside to the Bottom of the Bottle, and that perhaps that Water was pump'd in a wet Season, or after the Well had been very much work'd; in both which Cafes the Spring is not fo ftrong,

strong, and for which reason Care is taken to Bottle the Water in dry Weather, and not to exhaust the Well too much at one time.

Exper. XXII. I had a Bottle of Bristol Water evaporated, which contain'd more than a Quart, and had no more than ten grains of a gritty Subftance, the Colour of Portland Stone, tafting like Sea-Salt, nothing like the Pungency of that from Tilbury Water, which affects the Tongue much like a fix'd Alkali, but is fomething cooler, and has not fo much of the Empyreuma : So that the Tilbury Water is much ftronger, and must be more powerful than the Bristol Water, in all Cafes where that is prefcribed, fupposing the Ingredients to be equally Efficacious and of the fame Nature, which cannot well be allow'd.

Exper. XXIII. I calcin'd fome of the Refidue, and having powder'd it very fine, I mov'd a Load-ftone clofe over it various Ways, but found no ftirring at all among the Powder, or that any thing wou'd flick to it, tho' I touch'd the Powder with the Load-ftone; by which it is plain, that no ferruginous Particles are difcoverable in the Water.

Exper. XXIV. If you boil fome of the Water it rifes very high in great Bubbles, like Milk and Water mix'd.

OBSERVATIONS upon the EXPERIMENTS.

These Experiments lead us on to make the following Observations, in order to form a probable Conjecture concerning the Nature of the Ingredients of the Water, and

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ift, From *Exper*. I. on the Water, we fee that it is heavier than common Water, which ought not to be an Objection against the Use of it, fince the Ponderosity proceeds from the great Quantity of the Medicinal Ingredients, *Vide Exper.* on the Salt, I. and II. which doubtless are rendered very active by that great proportion of Air, which appears to be in the Water from *Exper.* XXIV. and the prefence of which should naturally argue that the Water of itself is of a very light Nature. — Here I cannot omit mentioning, that last Summer I got from a full Quart of Water 63 grains of Refidue, of the fame Taste and Vertue with that in *Exper.* I. and II. on the Salt, the Colour not quite fo dark as that mentioned there.

2 dly, That the Refidue got by Evaporating fome of the Water, is of an Alkaline Nature, appears plain from Exper. VI. on the Water, and the fame on the Salt, for Acids turn the blue Colour of Syrup of Violets into red; as likewife from Exper. VIII. on the Water; whereas Milk would curdle when boil'd with it, if the Salt were of the acid Kind, confidering the great Proportion there is of it in the Water. And from Experiment X. we learn, that neither Vitriol, nor Steel, nor Alum are in the Water fo as to be difcernible, otherwise it would tinge an Infusion of Galls of a purplish or blackish Colour. All the other Experiments from Nº X. to XIX. inclusive, confirm that the Water contains nothing of an acid Nature. But to discover the particular Kind of this Salt, let us take a separate View of some of them, which if it does not absolutely determine the Judgment, concerning the true Nature of the Salt, there being hardly any in Nature to be found without mixture, it will at least enable us to give a guess a guess at it with an Appearance of Probability.

In Exper. XIV. we find that Nitre and Salt, mixt in equal Proportion, occasioned the fame fort of Fermentation as the Refidue from Tilbury Water. And in Exper. XVIII. you fee that Nitre and common Salt, mix'd and heated, tinged Syrup of Violets of a green Colour like the Refidue. To corroborate these Phenomena also see Exper. XIX. where this Salt appear'd like a mixture of cubical and prismatical, but not quite spearlike Particles: For Sea, or muriatic or common Salt is, by the Naturalists, faid to be of a cubical Figure, and Nitre prifmatical, with a triangular equilateral Basis; and these two Salts intimately united, we may imagine to produce an Appearance under the Microscope much like unto the Salt of this Water.

From these Observations, the nearest Conjecture we can make, I think is, that the Ingredients of the Water are a fine Bole-like Earth, accompany'd by a neutral Salt, compos'd of Nitre and common Salt, imitating a fixt alkaline Salt, as much as a natural Salt, not being a Creature of the Fire, can well do. To this we may add, that there is also a little fulphureous Matter mixt with it, because when the Water was half diftilled away, it appear'd in the Retort as if fome Drops of oil were floating on the Surface, Vide Emper. I. on the Salt: And that the Refidue tinged Spirit of Wine a little Exper. XX. feems to confirm the fame Conjecture; and likewife Exper. XXIV. telling us of the Bubbles rifing very high, may to intimate, as if some unctuous or fulphureous Matter there were, which occasion'd the

the cohefion of the Particles of the Water fo as not to let the Air inclos'd efcape without fome difficulty; and queftion, if the deep yellow Colour *Exper.* XI. did not proceed from a fulphureous Subftance?

Thus have I briefly taken a View of fuch Experiments as I thought most proper to demonftrate the Nature of the Ingredients of this Water : the others, which feem not fo clearly conclufive, may ferve to illustrate and corroborate fome Points, therefore I added them here, and left them to the Speculation of the Reader.

The Water is as clear as any Spring Water, but not altogether so white, it having a little Cast upon the Straw-colour; it has a pleasant Tafte, and affects the Tongue with a Kind of Fulness, not unlike as if a small quantity of Milk was mixt with Water; and none but a very nice Palate can discover any faline Taste in it. The Mineral Particles are fo well mixt and united with it, that no Sediment is to be perceived at the Bottom of the Bottles, after feveral Months keeping; and Mr. Kellaway had some by him in a Cask 14 or 15 Months, at the End of which time it was found perfectly fine, boil'd white, &c. and seem'd as efficacious as when first pump'd from the Spring, but it tasted a little of the Cask, and look'd of a deeper Colour, owing in all probability to a Tincture it had received from the Wood; for which reason it ought to be kept in Bottles only, if you wou'd preferve it in its original Purity. For the Encouragement of Sea-faring Perfons I will add, tho' it has been intimated already in the Experiments, that fome of it has been been carry'd to the *East* and *West Indies*, and back again, and kept fine the whole Voyage.

The VERTUES of the TILBURY WATER:

As to the Vertues of the Water, it has been found to cure, like a Specifick, the Diarrhæa, Dyfentery, the bleeding of the Piles, and imnoderate Fluxes of the *Menses*; and is of great ervice in the *Fluor Albus* and Seminal Weakheffes, from Excess of Venery, after the Cure of Gonorrhœa's, or from other Causes. It likevise relieves the Gravel, and Stone, the Afthna, and Complaints from the Gout, as well as Diforders of the Bowels and Scorbutick Ailnents.

These several Diseases proceeding from diferent Causes, it may perhaps seem to some ontradictory, that one and the same Remedy hould be good for them all, therefore I will ndeavour to folve this Difficulty by expatia-ing a little upon the Manner in which this Water operates upon the Human Body. It acts oth as a Restringent and a Deobstruent. May may think this a Contradiction in Terms; owever, that both these Vertues may be unied in the fame Remedy, we see by the Examle of Steel, which every one who has any Skill Phyfick, knows to act in this double Capaity. The Earthy Particles in the Water furish a Restringent, and the Saline a Deobstruht Faculty. If the Diarrhæa or Looseness proeds from a vicious Ferment in the Stomach, r Acrimony vellicating the membranous Coat f the Bowels, the Water dilutes and washes tem away, and the alkaline Substance in it prrects them. And if from a Relaxation, the Bole-

Bole-like Particles gently reftringe and reftore the Fibres to their natural Tone again: Or if both Causes concur in forming the Distemper, the Water answers them at the same time, and by abforbing and sheathing the Acrimony of the Blood, it prevents the inteftinal Glands from distilling any more of that pungent Liquid, which, by irritating the Fibres of the Bowels, occasioned those frequent Motions for going to Stool: As a Distretick also it carries off the Sharpnefs of the Blood, and the urinary Paffages being powerfully opened, the other Evacuation cannot be supply'd so plentifully as before, and thus the Diforder is cured radically. The Water performs this in so excellent a Degree, that two or three Bottles, properly taken, have cured obstinate Loosenesses : And tho' I have prescribed it to many Persons in this Cafe, I have not found it to fail, when given in due Form and with the necessary Precautions, upon which the Succefs even of the most fovereign Remedy chiefly depends. Thus likewife the Bark in the Hands of one may mifs curing an intermittent Fever, till another comes, who by directing it according to Art, or joining some other assistant Remedy with it, fucceeds in his Endeavours. I must own I have heard fome complain that the Water did not answer their Expectation, but then it was for want of taking it in a proper Manner or Quantity; or that they had not obferved the Regimen which ought to be follow'd during the Drinking of it.

The Water has at prefent fo great a Reputation for curing Diarrhæa's among the Publick, that it would be look'd upon in me impertinent to iwell this Treatife with Cures of that Kind ; therefore I will defire those that have any Doubt that

that way, to peruse John Best's Case at the End of the Pamphlet, who is yet living, to testify the Truth thereof; and Cafe VIII. Mr. Meadows, the Publisher hereof, will inform you of an Acquaintance of his, belonging to the Customhouse, who by a Looseness was quite emaciated and brought to Death's Door, notwithstanding he had follow'd the Advice of feveral Phyficians a long while, without Effect; and was at last, to a Surprise, cur'd by drinking this Water ; and feveral other Cafes of this Nature. Or if any will apply to me, I will give them farther Satisfaction; but the shortest Way is to make a Tryal yourfelves, which will foon convince you of the Veracity hereof. You need not apprehend any ill Effects from it, for I have ordered it to Perfons of all Ages, even to very young Children, when troubled with what they call Watery, or more properly bilious griping Stools; to Women in Childbed, in intermittent, nervous, hectick, and inflammatory Fevers, the Confumption and the Small Pox upon feveral Occafions, with good Success, in many of which Cafes restringent Medicines or Stypticks, which commonly increase the preternatural Heat of the Body, might have prov'd detrimental; which Circumftance gives to this Water a very great Preheminence above other Reftringents.

It cures the Dyfentery or Bloody-flux, by correcting the Acrimony vellicating and corroding the Bowels, and by gently reftringing the Orifices of the relaxed or corroded fmall Blood-veffels in them; and thus it proves an efficacious Medicine in any other Flux of Blood. However, the Fair-Sex need not be afraid of its reftringency, which in the Healthy only proves a Strengthning Quality, for fome to my Knowledge have drank it for a long time without any Default at D

all in the Catamenia. At the End of the Pamphlet, the Reader may fee two remarakable Cures of this Kind, Cafe III. of Joseph Burrel, and Cafe VI. of William Williams, alfo Cafe VII. to which for brevity's fake I refer you.

Several Ladies have taken it for immoderate Fluxes of the Menses, of the Lochia, and when in danger of Miscarrying; the Reader will eafily excuse my being not more particular in these Cafes, or mentioning of Names. I had a Patient about a Year ago, a young Man who was fo fubject to an Hæmorrhagie from the Nofe, that every little Exercise or Heat, brought it on, and as foon as he was grown warm in Bed his Nofe fell a bleeding, by which he was grown very pale, feeble, and languid, and emaciated to a great Degree. He had taken Medicines by the Advice of an Apothecary for a confiderable time, but cou'd not get well ; I ordered him a Decoction of the Bark with fome of the Elix. Vitriol. Mynf. in it, of which however he had taken already before, and to drink Tilbury Water for his constant Drink, which foon made a perfect Cure, and he has continued well ever fince. An other young Man who, for Scorbutick Breakings-out in his Face, had taken Mr. W-'s Pill, which vomited and purged him most violently, and after which he brought up every Morning, and often at other times, two or three Spoonfuls, sometimes more, of florid Blood, with coughing and straining. He had taken several Medicines from an Apothecary, but without effect : He was shortbreath'd, emaciated, and had a Hectic Pulse. However, by way of Revultion, I ordered him to lose five or fix Ounces of Blood from his Arm, and prefcribed him an Electuary with some of the Cortex in it, and to drink a draught of Tilbury Water after it with some of the Elisir. Vitriol.

Vitriol. also pectoral Medicines, and to take Tilbury Water for his common Drink. In a few Days the spitting of Blood went off, and he seemingly mended a-pace; however, some time after he got Cold, and relapsed into his former Diforder, and growing so weak as not to be able to attend his Business, I order'd him to go into the Country, to ride on Horse-back, and to follow the Course I formerly had prescribed for him. But he son after that died; whether he had strictly observed my Method or no I cannot fay.

From the Nature of the Water it may be easily infer'd, That it must be good for the fluor albus. However, as this is a Diftemper feated out of the Reach of most Medicines, the Water, unless it is properly taken, will do no great Service. The Indications here are to free the uterine Glands of their pituitous Infractions, and then to strengthen their Tone. The first is done by evacuating Medicines, which being duly premised, the Water may then be apply'd, with some other astringent Medicines, as Steel, the Cortex, &c. and thus has this very obstinate Distemper been conquer'd in a short time. Many have also been cured of Gleets, from Excess of Venery, frequent or ill-cur'dGonorrhœas, or other Causes, by the aforesaid Method; But purging Medicines ought to beused here with Caution, for fear of increasing the Relaxation of the Parts.

The Water is alfo good for the Gravel, as may be feen from Cafe II. of Mr. Krull. I have known feveral who have been greatly relieved by it in gravelly Complaints, which, as they were not very bad, I fcarcely think those Cafes worth inferting here. However I heard of one who was much in Mr. Krull's Circumstances, but as the Gentleman is out of Town at fome distance, I could not well get a fatisfactory Account of his Complaint. E 2

In the Afthma, Rheumatism, and Gout itself, it has been of Service, as may be inftanced from Mr. K-'s Example, who, whilft he drank it constantly, was not troubled with those Diforders as he had been formerly. He farther observed this additional Benefit, that his Legs, which were apt to fwell and pit, were not then fubject to that Inconvenience; and that his Feet, which used to be cold and feemingly numb'd, had a gentle and natural Warmth in them, like that of a young Man. I have fince advised Persons subject to the Gout and Rheumatism, to drink it with good Succefs, and particularly one Gentleman, who was frequently troubled with it, his Feet remaining very tender afterwards, by drinking of this Water some time, and using Stomatick and Evacuating Medicines between whiles, he was pretty. eafy in his Feet, cou'd walk better than before, and had no Fit to be laid up for almost two Years.

That the Water is a good Remedy for the bleeding Piles appears very plain from Cafe I. and V. however some have been discouraged from drinking it, imagining, that if this Evacuation is stopt, the Humours may lodge elfe-where, and perhaps be deposited upon a nobler Part. Although I have not found this to happen, becaufe the Water cools the Blood, and as an Anti-scorbutick, abforbs the acrimonious Particles, which occafion this Evacuation, and thus removes the Diftemper by striking at the Cause; yet in Case. of Doubt, a Phyfician is to be confulted, who may prefcribe proper Medicines to evacuate the peccant Matter; and thus the Water may be used with all the Safety imaginable. I shall only. mention, by way of Direction, two Cafes, the one was the bleeding Piles, the other fwell'd without any Effusion of Blood. The first an elderly Gentleman, who was accustomed to drink his Bottle

ottle freely, the other had employ'd his Contution very liberally among the Fair Sex, both a bilious Conftitution; who having drank the Vater, and finding, that by indurating the Feces put them to great Pain, I order'd them a letive Medicine, of which they took every Night bing to Reft; and then the Water had the de-

'd Effect. Many have also drank the Water for Pains the Stomach and Bowels, and found that it rengthens the Vifcera, and helps the Digeftion, pels Wind, and corrects the Sowerness in eStomach, and carries off the Crudities in the owels; and thus it is of Service in most Chocal Diforders of the first Passages. I adfed an elderly Gentleman to take it, who hang been a lover of Punch in his younger days, omplained of a continual Acidity in his Stoach, and Indigeftion, for which he had taken l kinds of Medicines and Waters; he found fo reat a Benefit from it immediately, that he nagined he shou'd get a perfect Cure, and inking it more efficacious at the Springlead, went to Tilbury and drank it there for aout three Weeks, and return'd to Town quite ify. However, some time after he relapsed; he rank it again, and was made pretty eafy by it, ut fince that he is gone out of England. Others hose Complaints were not of so long standing, have known perfectly cured by it, calling in ometimes to Affistance stomatic, carminative, r evacuating Medicines, as Occasion required.

In various forts of fcorbutic Diforders it has been used with good Success, and some have been cured by it of a Redness and Pimples in the Face, which they had been troubled with or many Years. Of these Mr. K— himself was an Instance, and some Ladies of his acquain-

tance;

tance; I have fince alfo feen it fucceed in a young Gentleman. However I must observe, that in fome hot Constitutions it is not fo proper, or if fuch shou'd take it, they ought to use cooling evacuating Medicines at the fame time.

I order'd it one time in a Diabetes, to a Gentlewoman, who found fome Relief at first : But the Case was too far gone, for she soon after died of a total Relaxation and Mortification. A Gentleman who had been troubled fome time with this Distemper, applying to me, I found some Reafons to prescribe him a different Regimen of life, and to drink this Water; which he follow'd and foon was made well, I understand that a Gentlewoman in the Country has drank the Water for a Diabetes, and has receiv'd great Benefit from it, without taking any Advice at all, only from this Way of Reasoning, That if this Water contains the fame Sort of Ingredients as the Bristol Water, and even in a much greater quantity, it must be good for a Diabetes, which the Bristol Water is said to be a specifick. Remedy for. However, Time and farther Experience, will shew us whether this way of Reasoning is conclusive or not.

In hypochondriac and hyfteric Diforders, I cannot fay I have made fufficient Trial of it, to know the Extent of its Vertue, becaufe People under those Circumstances are loth to trust to fuch fimple Remedies. But I have observed, that some who were subject to lowness of Spirits, whils they where drinking it for other Complaints, found themselves brisk and lively, and all that time knew nothing of their habitual Ailment. I attended about two Years ago a Gentleman of an hypochondriacal Disposition, ill of a nervous Fever, which being brought to a Remission, he had the Bark given him, upon which the

the Violence of the Fever abated; but a feverifh Heat still lurk'd about him, his Pulse low, but quick, and he gain'd no Strength, tho' he eat tolerably well. As he was forbid Malt Liquor, which commonly difagreed with him, I advis'd him to drink Tilbury Water for his common drink, either with a little Wine or without, upon which he foon recover'd. Another of the lame Complexion, complained of a Fever, as he call'd it, upon his Spirits, with a loss of Appetite, which he had labour'd under many Months, fo that from a lufty Man, he was grown lean and emaciated, and fweated profusely in Bed, and upon the least Motion, which render'd him quite spiritless and languid. He had taken Advice at Bath, the place of his Abode, drank those Waters, after that the Bristol Water, then was sent to Tunbridge, all without Success: And having read my first Pamphlet, he ask'd me if the Tilbury Water cou'd be prejudicial to him? I reply'd, I fancy'd it would do him no harm, and perhaps might be of some advantage; then order'd him a Bitter to take with the Water, of which I prefcribed him to drink a certain quantity a day, by which means he mended foon, and returned to Bath highly fatisfy'd; from which place he has sent for several parcels of Water since.

The Manner of using the TILBURY WATER:

Come we next to confider how the Water operates, and the manner of drinking it. Moft commonly it paffes off by Urine or Perfpiration; fometimes it purges at first drinking, when it meets with Crudities in the first Passages, for which Reason it is adviseable to premise some general Evacuations before you begin a Course of the Water. A Dose of purging Physick is also often necessary during the drinking and after, to It commonly fits very eafy upon the Stomach, and gently warms it; it ftrengthens the Appetite and promotes Digeftion, and renders the Perfon brisk and full of Vigour. It warms the Blood, and in the beginning often occafions a tingling in the Skin; but this goes off when the Caufe is removed. And tho' Loofeneffes are cur'd by it, the Stools are feldom fo hard, during the drinking, as to be troublefome; if this fhould happen; a lenitive Medicine will foon eafe the Patient.

The quantity to be drank cannot well be determined till the Cafe, Age, Sex, Habit of Body, and other Circumstances, have been duly confider'd. The Medium is a Quart a Day, for adult perfons, viz. half a pint in the Morning, as much at Night going to Bed, and the rest any time of the Day, tho' I have known a Gentleman drink 4 Bottles a Day with Advantage.

No positive Rule can be laid down about the time how long the Water is to be drank; for this depends intirely upon the Nature of the A Recent Loofeness is generally cured Cafe. with a few Bottles, but one of long standing, where the Bowels are in a weak State, and Nature has accustomed herself to this way of Evacuation, the Perspiration which shou'd carry off the greatest part of superfluous Moisture being almost neglected, the Water shou'd be drank a good while, as you may see from Cafe IV. of John Best. This is likewise the Case in Hæmorrhægies; some have been cur'd of an immoderate Profluvium of the Catamenia by 2 or 3 Bottles only, when others whose Veffels are very much

much relaxed, and the Blood full of fcorbutic Salts, may perhaps be oblig'd to drink a great deal of it. In fcorbutic Cafes, where the whole Mafs of Blood is to be altered, the Water muft be continued a good while; and in fhort the time of ufing it is fo long till the intended Cure be obtained, and you will be encouraged to perfevere therein, when you find that you are the better for drinking it, and that it agrees with your Conflitution, makes you eat, and digeft, and fleep well, and diffufes a gentle heat throughout the whole Body, and invigorates all the animal Functions thereof.

Moderate Exercife is very proper during the Courfe of the Water; and if you find it don't fet eafy upon the Stomach, or pafs off well, you fhou'd take a Draught warm in the Moning, before you rife, the horizontal Pofture being of great Service to help all kind of Secretions: Stomatic and Diuretic Medicines are very ufeful in this Cafe.

In your Diet observe to abstain from Vinegar, Pepper, or Salt, and choose fimple Food, whether from the vegetable or animal Kind, and fuch as is eafieft for Digeftion: Above all I recommend eating of Milk, it agreeing very well with the Water; upon some Occasions I order Milk to be mixt with it. You shou'd drink no Beer, Ale, or Cyder, but Wine and Water. In cafe of Loosenesses or Fluxes, you may mix the Water with red Wine, otherwife with white Wine, which drinks pleafantest. I have order'd Perfons fubject to the Afthma, to boil a Spoonful of Hony in a Quart of the Water, and to skim it, which, makes a very agreeable and powerful pectoral Drink; the like you may obtain by boiling or nfusing some pectoral or emollient Plant in it. In order to add to its Efficacy, I have directed ome burnt Hartshorn to be boil'd in it, or Paneda ind other Food or Drink prepared with it, for E Perfons

Perfons in a Diarrhæa, or Fluxes of Blood. If you make Punch with it, the alkaline Subftance in this Water, will in a great meafure prevent the Mifchiefs from the raking acid of the Lemon-Juice, and it drinks extreamly foft and pleafant. But in particular, I wou'd advife fuch Ladies as are habituated to drinking of Tea, efpecially in the Afternoon, and who are fubject to Diforders at the Stomach, and weak Digeftion, to make it with this Water : It draws the Tea exceeding well, makes it drink pleafant and foft, as if Milk were mix'd with it, and corrects its pernicious preying Quality, which deftroys abundance of Conftitutions.

To conclude, those who are very bad, and expect some extraordinary Benefit from the Water, shou'd take proper Advice, that its Efficacy may not be call'd in question, when you are disposited, perhaps by reason of not drinking its methodically, or for want of proper auxiliary Medicines. For Perfons who go to drink the *Bath*, *Bristol*, *Tunbridge*, &c. Waters confult their Physician, and it cannot be imagin'd, that this shou'd work Miracles unaffisted, any more that any other Mineral Springs.

MR. Kellaway prevailed upon me to print in the former Edition, the five first Cases, alledging, that Matters of Fact carry more Weight with them, than many Sheets fill'd up with vain speculative Notions. I have been defir'd to infert 'em here again; which to avoid all Suspicion of Fallacy, is done in their natural Drefs, as the Patients had drawn them up themsfelves; and two more Cases are added here, viz. VI. and VII. to confirm the fingular Vertue of this Water in the Dysentery or Bloody-Flux.

CASES

(35)

CASES,

Servant to Mrs. Hall in 66 J Seething-Lane, was for many Years subject 56 to the Piles. He had them to a greater degree " than ever, the beginning of March last; with-" al fuch an Hemorrhagie, that his Life feem'd " to be in the utmost Danger; the upper and " lower Sheets of his Bed were as dipt in Blood; " His Mistress desir'd me to examine him; I " advis'd him to drink the Tilbury Alterative " Water. Mr. Kellaway was fo kind to give " him fix Bottles; before he had drank all, " the Pain from the Piles was mitigated, and the Bleeding entirely ceas'd; and now he is 66 " perfectly well. This I do certify to be Truth, this 12th of April, 1736.

" Robert Hume."

II.

Joseph Krull, of Wand/worth in the County
of Surry, Grain-Dyer, aged about 26
Years, from nine Years of Age till I drank of
the Tilbury Alterative Water have been very feverely afflicted with the Gravel in my Kidneys,
according to the Opinion of feveral Physicicians and Surgeons, viz.

⁴⁴ I had a continual Pain in my Side and in my
⁴⁴ Loins; I could not ftoop to lift any thing,
⁴⁴ or ride any Journey, or Walk three or four
⁴⁴ Miles, but was afflicted with fuch fevere
⁴⁵ Pains, that all my Friends, as well as myfelf,
⁴⁶ expected I fhould die; the Pains continuing
⁴⁶ fometimes five Days together, and nothing
⁴⁶ that was given me could move or bring away
⁴⁶ the Gravel.

" I have now drank about twelve Bottles of *Tilbury* Alterative Water, which made me E 2 ⁶⁶ void « void large Quantities of red and black Gra-" vel, and my Water was as black as Coffee; when it was settled and cold, about one half 66 was of a flimy Substance, as thick as Size, 66 and might be divided with a Knife. I am now 66 entirely free from my Pains, and can lift 66 any reasonable Weight, ride a Journey, or 66 "walk without the least Uneafinefs, and have no manner of Obstruction in my Urine. This I 23 " teftify to be Truth, and defire it may be made " publick for the general good of Mankind, " this 4th Day of May, 1736.

" Joseph Krull."

III.

Joseph Burrel, came from Curresau, Jan. 14, 1735, in the West-Indies along with Capt. Michael Ratesse, belonging to the King 66 66 < < George, with the Bloody-Flux, and could not 66 get any Remedy that did me any good for it " there; Mr. Williams, an Apothecary, ufed 66 all the Means that he could, but did me no good at all; and likewife Mr. Banes, an Apo-65 " thecary of the fame Place, which was all to no " Purpose; and two Apothecaries in the Island " of Wight, at West Cowes, Mr. Hardy and Mr. Francis, but did me no good; with that I 65 was grown fuch an Object, that every Body 66 that faw me expected my Death very shortly, 66 fo that I gave my felf over. But as God and 66 good Friends would have it, I came into Ef-66 Jex to see my Friends, and heard of this Wa-" ter.at West-Tilbury-Hall, fo that I went there 66 " for to try it; I had the Flux upon me ten Months, and in three Days after I drank the 66 Water, the Blood stopt, and gave me abun-66 dance of Eafe at my Stomach, which I was 66 continually in pain of, and had no Stomach to 66 my Victuals; but I return God Thanks for. 66 " his

his Mercy and Goodnefs, I am reftor'd to my
former Health again, and nothing elfe but
my ufual Diet, in a Fortnight's Time; and
likewife the Water brought a great deal of
Gravel from my Body, and feveral fmall
Stones; and I am ready to teftify the Truth
of this at any Time if requir'd. Witnefs my
Hand,

" Joseph Burrell."

Vest-Tilbury, at the King's-Head, June 23, 1736.

John Best, of Crowders-Well-Alley, near Cripplegate, Shoemaker, do certify, That in the Month of October, 1725, I was taken ill of a white Flux, the Excrements flimy and frothy, and often mix'd with Blood; and I did apply to feveral Phyficians and Apothecaries, whose Medicines I took without finding any Benefit; as likewife a great many other Medicines given me by my friends; and was in St. Bartholomew's Hofpital feven Weeks, but to little or no Purpofe, the Flux continuing without Intermission, with a very great Pain in my Stomach and Bowels, and eating very little, but during the whole Time, from Octoher 1725, to April 1736, being ten Years and a Half, I constantly went to Stool from twenty to thirty Times in a Night and Day in the Winter time, and from twelve to eighteen in the Summer Seafon; I being reduc'd to a Skeleton, could not expect any Cure or Ease but by Death.

" A Friend of mine hearing the great Cures that were done by the *Tilbury-Water*, advertis'd in the *Daily Advertiser*, did apply in my behalf, and procur'd me fome Bottles: I began to drink the fame about the 27th of "April « April last, being Easter-Week, and continu'd « the fame, being one Bottle each Day, 'till the " 12th of June, which has perform'd a perfect " Cure, and I am now in as perfect Health, as « ever, without any Pains or Uneafiness; I have a good Stomach to my Victuals, and recover'd 66 " my Srength, as well as my Flesh, in a won-" derful Manner. I having receiv'd fo great Bleffing in the Recovery of my Health, do make 66 " this Publication to the World of the Truth . thereof, and am ready be wait on any Person " to testify the same, as I have already on several Phyficians; and feveral of my Friends have ç C " fet their Hands to this, to asure the World .. that what I here declare is real Fact and Truth, " this 29th Day of June, 1736. "John Best." « We the under written do believe this Cer-" tificate to be true, " Thomas Coe, at the Lamb in Blow-Bladder-" Street, Shoemaker. « Robert Crew, in Aldersgate-Street, Wire-" Drawer. « Robert Wittle, at the Blue-Last in Islington, « Victualler. "John Ellis, in Bartholomew-Close, Shoemaker. "John Osborn, in Crowders-Well-Alley, Wire-" Drawer. " Mark Bailey, in Crowders-Well-Alley, Wire-« Drawer. " George Richardson, in Crowders-Well-Alley, " Shoemaker.

"I do hereby certify, that I have known the above-nam'd John Best for about two Years, most Part of which time in a weak bad State of Health; and that I recommended him to Mr. Kellaway, for a Trial of his Water in the above Distemper; and that he appears to me at this present, to be in a good State of Health "having having (as I believe) receiv'd a perfect Cure,
Witnefs my Hand this 29th Day of June,
1736. *Joseph Beck.*At the London-Affurance-House in Cornhill.

V. Henry Davy, in Finch-Lane, Ware-houfe-6 man, had the Piles to a great Extremity 6 " the middle of last June, that my Life was in Danger; the upper and lower Sheets of my 56 Bed were as dipt in Blood. I fent to Mr. Kel-56 · laway in Broad-Street for fix Bottles of the Alterative Tilbu N Water; before I had taken 56 all, I found the Pain of the Piles mitigated, 56 5 and the Bleeding entirely ceased. I fent for fix Bottles more, and continued taking them, 56 6 G. and now am in perfect Health. I do teftify "this to be Truth, this 24th Day of July, 1736. " Henry Davy."

VI.

at Thisten in Kent, was taken ill of the Bloody ·· Flux in Scotland, in December last, I lay ill at " Edinburgh 3 Months, but all the Advice I could 66 get there did me no good. At Durham I was 66 9 Days so bad that I could not ftir; however, I could have no help there, fo came gradually 66 56 into Kent again in March last, where I had all the Assistance possible, but without any Bene-66 ... fit. I voided clear Blood, and was given over 6. by all who knew my Cafe; befides, the Me-" dicines I took, I conftantly drank Water, or " Milk and Water, and kept a strict Diet, yet all " was in vain, till I came to drink of Mr. Kella-" way's Water, at Tilbury in Effex, to which Place " I went on purpose, having heard of its Fame in " my Country: I came here about 6 Weeks ago, " and foon found Benefit, and now am perfectly 66 well with drinking the Tilbury Water only. I am "now grown ftrong and hearty; I eat and drink 66 With

" with a good Appetite, and am as well as ever " in my Life. To publish this great Cure, I give " this Certificate, and fign it with my Hand. . West Tilbury, William Williams, June 27, 1737.

" T Joseph Bramald of Windmill-bill, London, was taken with a Looseness about 5 Months " ago, which was fo violent, that I often went "20 or more times to Stool in 24 Hours, and " frequently was obliged to get up 12 or 14 times ... in a Night. My Excrements at first were as "thin as Water, attended with continual gripings, " fo that as foon as I eat or drank any thing, I " was grip'd till it went away by Stool; and " latterly I voided a great deal of Blood with "them. I took Milk with Chalk boil'd in it, " alfo Oak-Bark, and Oak Saw-duft boil'd in "Water, and Milk, a handful of the Bark in 3 " pints of Milk," boil'd away to 2, then Pome-" granate peel boil'd in red Wine, and many . other things, but all without effect, fo that with " lofs of Appetite, and want of Nourishment, I " was fo wasted that I thought my felf a dying-· But my Brother having feen a very remarkable " Cure performed by the Tilbury Water of the "Bloody Flux, put me in mind of it, and en-" couraged me to drink it. I had no fooner drank " a Bottle of it but I found an Alteration for " the better, and it did not gripe me, as all other " things did ; and 'tis about J. Weeks fince I be-" gan drinking it, and at this prefent time am " (thank God) in perfect Health, my Appetite " reftored, my Flesh and Strength is come again, " and I don't go above Once a Day to Stool, " feldom Twice, my Excrements being of a nase tural Hardnefs, and well colour'd; owing to "the Tilbury Water only, for I took nothing. else during the time I drank it. This I certi-" fy to be Truth, Witnefs my Hand. London Nov. 29. 1739. Joseph Bramald. FINIS.